

St. Peter Senior Center July 2013

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2 FOOT CLINIC 10:00 PALS 1:00 (500 Cards) 1:15 Bridge	3	CI	5 or Center OSED of for Independence Day!	9:30-11:00 Alzheimers/ Dementia Support Meeting @ Benedictine
7	8	1:00-4:00 Sr. Dance @ the Legion 10:00 PALS 1:00 (500 Cards) 1:15 Bridge	10 GAC Buffet 11:15-12:30	1 1 _{2:30-4:00} NAPS 2:30-4 Medicare Help 10:00 PALS 1:00 Men's Cards		13
14	15	16 FOOT CLINIC 10:00 PALS 1:00 (500 Cards) 1:15 Bridge	17	18 10:00 PALS 1:00 Men's Card		20
21	22	10:00 PALS 1:00 (500 Cards) 1:15 Bridge		25 10:00 PALS 1:00 Men's Cards	26 1:30 Pfeffer	27
28	29	30 1:00 (500 Cards) 1:15 -Bridge	31 4:00-6:00 "Welcome to Medicare"			See August calendar on other side

St. Peter Senior Center August 2013



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				3:00-4:00 NAPS 2:30-4 Medicare Help 1:00 Men's Cards	2	9:30-11:00 Alzheimers/ Dementia Support Meeting @ Benedictine
4	5	6 FOOT CLINIC 1:00 (500 Cards) 1:15 Bridge	7Nic	8 1:00 Men's Cards ollet County Fair August	Senior Day@ theFair 1:00-program NO Pfeffer 7-11	10
11 	12	13 Senior Dance @ the Legion 1:00-4:00 1:00 (500 Cards) 1:15 Bridge	11:15-12:30	15 1:00 Men's Cards	16 1:30 Pfeffer	17
18	19	20 FOOT CLINIC 1:00 (500 Cards) 1:15 Bridge	21	22 1:00 Men's Cards	23 1:30 Pfeffer	24
25	26	27 1:00 (500 Cards) 1:15 Bridge	28	29 7:45 am- 5:00pm- State Fair Trip 1:00 Men's Cards	30 1:30 Pfeffer	31
30						

Monthly/Weekly Activities

St. Peter Senior Center

600 South Fifth Street, Suite 219 934.7434 or 934.0667

Sylvia Perron, Senior Center Coordinator

Breakfast at The River

No Breakfast in July Or August

Enjoy the Summer!



N.A.P.S.

Nutrition Assistance Program for Seniors Sponsored by Second Harvest Call to pre-qualify 1-800-365-0270

> Pick up food at the Senior Center on: Thurs., July 11th & Aug 1st 3:00 ~ 4:00 p.m.

500 Cards-Tues. @ 1pm Bridge-Tues. @ 1:15pm Men's Cards- Thurs. @ 1pm Pfeffer- Fri @ 1:30 pm



Returning in September

Medicare/ Insurance Counseling Help

1st Thursday of each Month 2:30-4pm

July 11 & Aug 1 @ the \$r. Center

One-on-One Help. No appointment needed.

Foot Clinics

Tues., July 2nd & Tues., July 16th; Tues., Aug 6th & Tues., Aug 20th Community Center Rm #215 (enter door B)

Fee: \$23.00

Call 934-0667 for an appt.



BUFFET LUNCH AT GUSTAVUS Wed., July 10th & August 14th 11:00—12:30

Senior Price \$6.00



No registration required just come and enjoy a great lunch

Visit The Bookmark for Discounts.
Sponsored by The Senior Center , GAC Bookmark &
The Dining Service

Dance...Dance...Dance...

Tuesday, July 9th— 1:00 p.m.-4:00 p.m. Music by: Lyndon Peterson

Tuesday, August 13th— 1:00 p.m.-4:00 p.

Music by: Don Sieberg/Betty Goettl

American Legion—229 West Nassau, St. Peter

Cost: \$5.00

Sponsored by the St. Peter Senior Center





August & September

(dates to be determined)

Watch for further details the beginning of August



Welcome to Medicare

WEDNESDAY, July 31st 4:00-6:00pm

The Minnesota River Area Agency on Aging will be teaching an introductory class on Medicare.

Register by calling Robin Thompson at 1-800-333-2433 (ext. 82016)



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Nicollet County Senior Transportation

Rides are provided to those who are in need of transportation to a medical appointment, in St. Peter, N.Mkto, Mkto & the surrounding areas. Trips may also include Rochester or the Twin Cities area.

Call Sylvia @ 934-0484 one to two days prior to appointment

Donations are accepted for this service

Volunteers Needed!

Volunteers needed @ the Nicollet Co. Fair Aug. 8-11. 2013

Volunteers would work a 2 hr. shift to watch Johnson Hall exhibits. For more information or to sign up contact Joni Anderson @ 507-380-6691

Nicollet County Fair "Senior Day"



Friday, August 9th

The 2013 Outstanding Seniors, Farm Family and Century Farms will be announced in the Johnson Hall @ 1:00pm.

Entertainment & Refreshments provided

Entertainment & Refreshments provided

Make sure to visit the Nicollet County Fair this year!...

Wed., August 7th -Sun, August 11th.

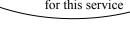
<u>"The Great Minnesota Get-Together"</u>

Join us for a great day @ the State Fair!

When: Thursday, Aug., 29, 2013 Departing @7:45 am Returning @5:00 pm Cost: \$25.00

(includes entrance fee & transportation) Questions? or to sign up for this trip!! Call 931-3310.

Sponsored by Nicollet County Bank



AARP Driver's Safety Classes

Classes meet in the St. Peter Community Center

4hr. Tues., July 30 1:15-5:15pm 4hr. Tues., Aug 20 1:15-5:15pm 4hr. Tues, Sept 24 5:45-9:45pm 8hr.—Both Tues. & Wed. July 16 & 17 5:45-9:45pm Register by contacting Community and Family Ed. @ 934-3048.

online at www.stpetercommunityedonline.com

Alzheimer's / Dementia Support Meetings

July 6th & August 3rd
Time: 9:30-11:00 am
Location: Benedictine Living
Community Activity Room
1907 Klein St., St. Peter

Questions? Contact Molly Wendroth @ 934-8283 or Jane Anderson @ 934-8817,



SAVE THE DATE!

SEPTEMBER 19, 2013 2:00-4:00 pm

ST. PETER BOOMERS & BEYOND EXPO @ THE COMMUNITY CENTER 600 S. Washington Ave., St. Peter

WATCH FOR FURTHER DETAILS!



This newsletter is a collaboration of: Nicollet County Senior Services & the St. Peter Senior Center.

Please call Sylvia at 934-0484. If you would like to receive this newsletter by mail or email or have your name removed from the list.